



# **Increasing Client Self-Esteem** *with Robert Jenkinson*

## ***Increasing Client Self-Esteem***

### **Full day workshop of 5 modules**

1. What is Self-Esteem & What Does Low Self-Esteem Look Like?
2. Where Did the Focus on Self-Esteem Begin?
3. What Creates & Maintains Low Self-Esteem?
4. What Does Research Say?
5. Ways of Working (4 hours)



### **Robert Jenkinson**

Is a counsellor and supervisor with more than 25 years' clinical experience in a wide variety of situations.

Over the last 15 years he has trained counsellors both regionally and nationally and been running his own workshops since 2017. He brings a wealth of experience and humour to his training events, and is known for his generosity in sharing his knowledge and a huge collection of practical tools.

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*"I very much appreciate your generosity, your passion and your heart for people"* – Christine

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