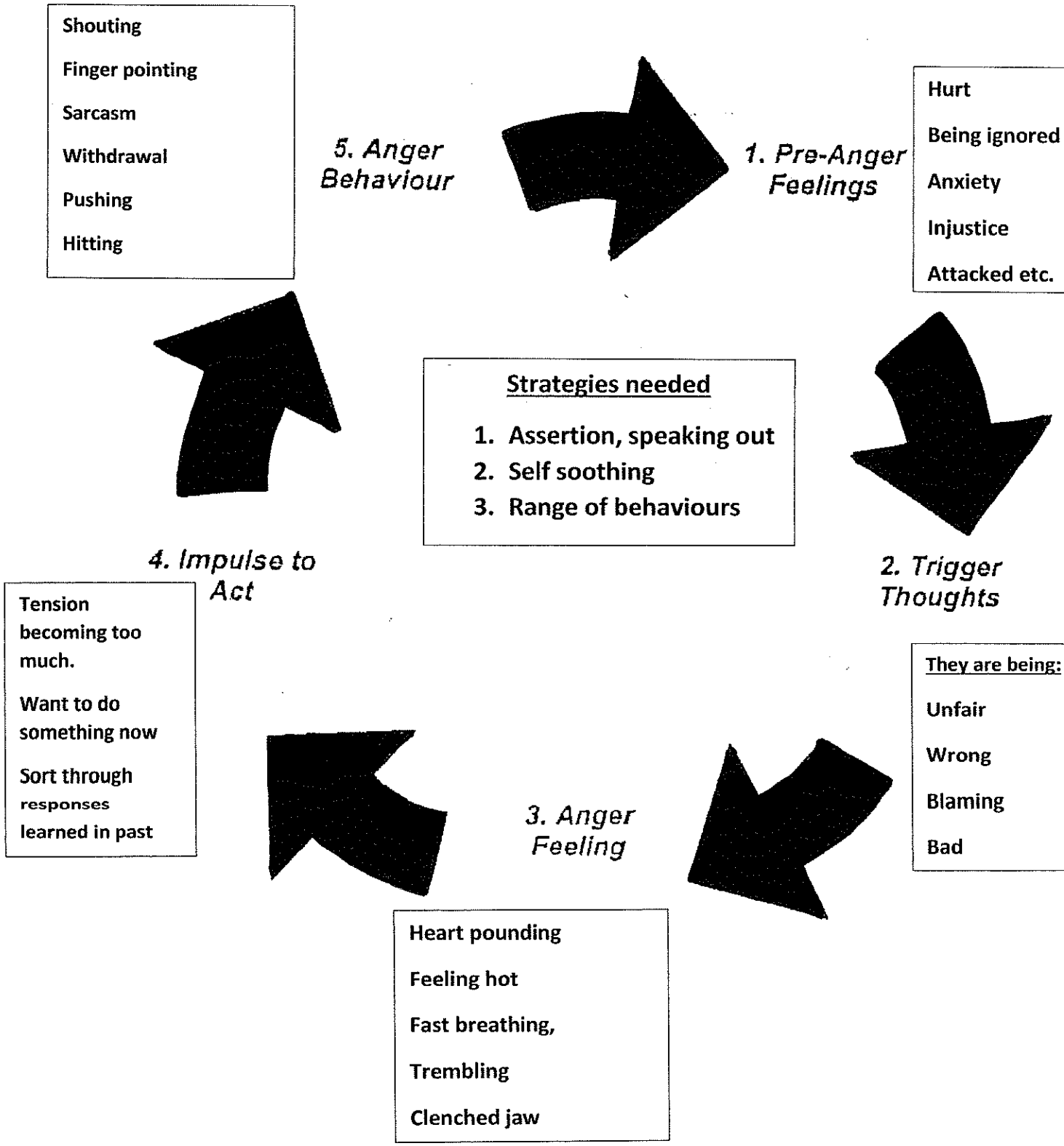Anger – In Five Easy Pieces