

Working with Shame

With Robert Jenkinson

T.I.P.S - Therapy Ideas in Practice Series

1 day workshops to give counsellors practical ways of working with clients

About this workshop

As counsellors many people come to us experiencing deep levels of shame, either from what has happened to them or because of actions that they have taken. Unresolved shame makes it difficult for a client to integrate traumatic experiences and helping them to resolve this is important.

This workshop will:

- Show you some ways of thinking about shame
- Behaviors associated with shame
- The positive aspect of shame
- The link between shame and addictions
- Techniques to use with clients to help them resolve shame

Dates: Friday 3rd September, 2021

Time: 9:30am - 4:30pm

Venue: The Greenspace, 60 Te Aroha St, Claudelands, Hamilton

Food: Tea, coffee & nibbles will be provided. BYO lunch.

Price: \$195.00 per ticket

This workshop will be videoed live and be available to purchase at a nominal fee after the workshop.

14 Places only for the live event

Register now!

“Very much appreciated your generosity, your passion and your heart for people”

Christine - former workshop attendee

Contact: rjjs.office@gmail.com or contact Jasmine on 027 487 7301

For those who miss out on the live event, we are working on an online course made up of video modules and materials from the live event. Contact Jasmine to find out more!



Robert Jenkinson

Is a counsellor and supervisor with more than 25 years' clinical experience in a wide variety of situations and is currently a Sexual Abuse counsellor for ACC. He has been training counsellors for over 10 years, and has trained nationally on the dynamics of Sexual Offending. He brings a wealth of experience, practical tools and humour to his training events.